

# Time use

Concept	Time use -
Definition	<p><i>Time use</i> represents the average time spent (hours and minutes) on an activity per day. All days of the week, as well as working and holiday periods are included.</p> <p><b>Gainful work:</b> includes time spent on main and second jobs (including informal employment) and related activities, breaks and travel during working hours, and on job seeking.</p> <p><b>Study:</b> includes time spent on study at school and during free time.</p> <p><b>Domestic work</b> includes housework, child and adult care, gardening and pet care, construction and repairs, shopping and services, and household management.</p> <p><b>Travel</b> includes commuting and trips connected with all kinds of activities, except travel during working hours.</p> <p><b>Sleep</b> includes sleep during night or daytime, waiting for sleep, naps, as well as passive lying in bed because of sickness.</p> <p><b>Meals</b> includes meals, snacks and drinks.</p> <p><b>Personal care</b> includes dressing, personal hygiene, making up, shaving, sexual activities and personal health care.</p> <p><b>Free time</b> includes all other kinds of activities, e.g. volunteer work and meetings, helping other households, socializing and entertainment, sports and outdoor activities, hobbies and games, reading, watching TV, resting or doing nothing.</p>
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Context	The activities proposed in the UNECE Database consist of groupings of the activities listed in the International Classification of Activities for Time-Use Statistics (ICATUS).
Source	UNECE
Hyperlink	<a href="http://unstats.un.org/unsd/cr/registry/regcst.asp?Cl=231&amp;Lg=1">http://unstats.un.org/unsd/cr/registry/regcst.asp?Cl=231&amp;Lg=1</a>
Related terms	
Statistical domain	1.11 Time use
Link to data	<a href="#">Time Use by Activity, Sex, Country and Year</a>